

ROOTED IN LOVE: FOSTERING A CHRISTIAN COMMUNITY

St. Thomas' Episcopal Church

Parish Retreat 2025

AGENDA

Friday, September 26th

4:00 Check-in begins – **Brown Hall** (#53 on the map).
Look for the entrance to the left of the Birdcage Gazebo by the parking lot.
If you arrive late, please see tri-fold board & personalized note in Brown Hall for your room assignment. Katie Cosby and Anne Chamberlain will be available for questions.

5:30 – 7:00 Dinner – Upstairs dining room in **Virginia House** (#56 on the map) down the hill

7:00 – 7:20 “Shrine Mont 101” Orientation & Brief Tour – meet at the **Bird Cage Gazebo**

7:30 – 8:30 Welcome gathering, followed by Compline – **Rec Hall** (#37 on the map)
Informal social gatherings at Rec Hall and on St. Thomas' porches

Saturday, September 27th

7:00 Sunrise Yoga – **Rec Hall** (bring a mat if you have one – some are provided)

8:00 Breakfast – **Tucker Dining Hall**

9:00 – 11:00 Children's Programming

- Youth (6th – 12th grade) meet at the **Birdcage**
- Kids (pre-K – 5th grade) meet at **Stribling**
- Children 3 and under – childcare provided at **Stribling**

9:15 – 11:00 Adult Programming – **Rec Hall**

11:15 – 12:00 Labyrinth Walk & Meditation – **Labyrinth**
Inter-generational arts & crafts available – **Rec Hall**

12:30 Lunch – **Tucker Dining Hall**

1:30 – 5:00 Free Time –
Choose from any of the scheduled activities or other ideas below:

- **Hike to North Mountain** – meet at the **Birdcage @ 1:30**
- **History of Shrine Mont walk** – meet at the hotel @ **2pm**

- **Hike to the Cross** – meet at the **Birdcage @ 3:30pm**
- **Disc Golf** – meet in **front of Virginia House @ 3:30pm**
- Hike on your own – there are trails all around! (maps at Virginia House)
- Pickle ball – equipment is available at the front desk of Virginia House; courts (by the pond) are 1st come 1st served
- Visit the store on the first floor of Virginia House for fun gifts and souvenirs
- *Bring cash* to the beloved Candy Store further down the road
- Take a nap, ride a bike, chat on a porch, go for a walk, sit by a fire

5:00 – 5:30

Vespers – Upper Pavilion

5:30

Dinner – **Tucker Dining Hall**

6:45 – 8:15

Team Trivia – multi-generational! – **Rec Hall**

7:45 – 9:00

Bonfire – **Upper Pavilion field** *bring instruments if you wish!

8:30 – 10:00

Childcare available; movie @ **Stribling** *bring blankets, pillows and snacks

Sunday, September 28th

7:00

Sunrise Yoga (*self-led*)– **Rec Hall** (bring a mat if you have one)

8:00

Breakfast – **Tucker Dining Hall**

11:00

Youth-led Eucharist + baptism – the Shrine

12:30

Lunch – **Tucker Dining Hall**

1:00

Pack up and head home

A note on child supervision . . .

The Parish Retreat at Shrine Mont is a wonderful, cherished St. Thomas tradition. Children especially love the availability of open space and abundant opportunities for exploration. Please be mindful, however, that parents are always responsible for directly supervising their children. *Thanks!*